

**RELATED SCRIPTURE  
PASSAGES:**

Psalms 133:1;  
Matthew 18:20;  
Romans 12:4-5;  
1 Corinthians 10:16-17; 12:12;  
Hebrews 10:24-25;  
Thessalonians 5:14

**RELATED CATECHISM OF THE  
CATHOLIC CHURCH REFERENCES:**

**Our Relationship to Society:**  
1878-1879, 1884, 1889

**Living in Community:**  
1905, 1913-1917

**RELATED YOUCAT  
REFERENCES:**

139, 322-325, 328, 440

# The Comfortable Couch

**SYNOPSIS**

Sarah and Lucy are hanging out on the couch discussing life when Sarah makes a disturbing discovery.

**SUGGESTED USES FOR THIS VIDEO**

† This film is about being part of a community—living in communion with others. Use it as a discussion starter for a team-building event with your leadership team or small groups or to introduce a relevant topic in a large group setting.

**QUESTIONS FOR DISCUSSION**

1. What does it mean to be part of the world?
2. What does it mean to be part of the human race?
3. Think about the Trinity. What can we learn about the importance of sharing life with others from the Trinity?
4. How does the Trinity speak of the importance God places on relationships?
5. Why did God create us for each other?
6. How does living in communion with others benefit you? Benefit the other person? Benefit society?
7. What keeps you from getting involved?
8. Who do you identify with, Lucy or Sarah?
9. How would you talk with Lucy about her situation?
10. Do you ever get overwhelmed with life and want to do what Lucy did?
11. What do you do when you feel that way?
12. Which character would you rather hang out with? Why?
13. Which character better represents God's character? Why?
14. Which character is better able to be Jesus to the world around her?
15. Why does the answer to #14 matter?